



Mind Force

Dynamic Mental Entrainment

Module #3

“The Formula”

Powerful Formula

- It works every time you apply it
- It is like a “Mental Elixir” to regenerate Mind Power
- It is designed to regenerate activity in your mind
- It creates a disciplined set of actions

The Formula Provides

- Motivation
- Insights
- Technical Skill Development
- Intellectual stimulation
- Awareness of Self
- An Answer to Any problem or challenge

The 3 Pillars of Dynamic Mental Entrainment

1. Reading Books

2. Listening to Audios &
Watching Videos

3. Association

Why This Works

- It provides a doorway into your true self
- It simulates the mind from
 - Visual (reading & watching)
 - Auditory (listening)
 - Experiential (reading & association)
 - Camaraderie (*association*)

Overview of The **3 Pillars** of DME

Books
Books

Audios & Videos
Audios &
Videos

Association
Association