



**Mind Force**

**Dynamic Mental Entrainment**

**Module #4**

**“The Visual /Auditory  
Solution”**

## **2 Potent Methods of Entrainment**

- You must influence the mind by many representational systems
- For your brain control, you need constant programming
- The goal is to be in a constant state of learning & influencing

# Representational Systems

- Auditory (Hearing)
- Visual (Seeing)
- Kinesthetic  
(Touching/Experiencing)

# Programming By Seeing & Hearing

- We are influenced by what we see and hear
- Television, radio & newspapers
- You must now control the programming of you mind
- You are the program director for your future success.

# Program Director Drill

- Visualize yourself as a program director
- Select a program you desire (success)
- Begin to imagine what you need to make that happen
- Put the plan into action

# Why This Works

- Audios and Videos affect both the conscious and subconscious mind
- You can install specific programming
- Our brain is already conditioned for this type of stimulus

# What Type of Audios & Videos

- Subliminals
- Motivational
- Inspirational
- Instructional

# How to Use Them

- Make it part of your daily ritual
- First thing in the morning
- Fall asleep at night listening or watching
- Use while driving, working, going throughout your day

# Specialized Training

- Education
- Real Estate
- Investing
- Sports
- Hobbies
- Sales

# Some Keys

- Condition your mind daily
- Listen to at least 15 minutes per day
- Discipline is a success habit
- All Successful people utilize this principle

# Overview of The **3 Pillars** of DME

Books  
Books

Audios & Videos  
Audios &  
Videos

Association  
Association