



Mind Force

Dynamic Mental Entrainment

Module #2

“The 4 Quadrants”

Did You Measure Your Time?

- Ask Yourself The Tough Questions
- Questions Are The Key
- Have You Put Together a Game Plan?
- How Confident Are You Now?

The 80/20 Rule

- 80% Comes from 20% of Any Activity
- Based on Pareto's Law
- After Measuring, You've Seen This to Be True
- Apply This 80/20 Rule to Your Mind
- Once You Find Out The 20, Cut Out The 80

The 4 Pillars or Quadrants of Power

1. Body Control
2. Mind Control
3. Money Control
4. Time Control

Overview of The 4 Quadrants

